

GamCHAT

Counselling, Help, Advice and Training



- Do you know someone who has a problem with gambling?
- Are you concerned about them?
- Are you also affected?

There are many forms of gambling and it is not only the person with the gambling problem that is affected.



If you are affected by someone else's gambling, book a place on a free GamCHAT short interactive training session to learn more about:

- How an addiction develops
- The link between alcohol/substance use and gambling
- The harms and effects of a gambling problem
- Ways to improve your communication and strengthen your relationship with someone who has a gambling problem

We also provide information about the additional support available including our free accredited counselling service.

**For further information or to book a place contact the GamCHAT team on
07506 692873 or gamchat@daas.uk.com**

For bookings and more information visit: www.daas.uk.com/gamchat

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