

Surgery Newsletter

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Newsletter
Issue 27

Summer 2018
Edition

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A FOND FAREWELL

After 32 very happy years at Hartington, and 42 years working in the NHS, I made the decision that it was now time for me to retire from General Practice.

It has been a privilege to have been welcomed into the lives of so many people and their families; watching babies and children grow and sharing both happy, and sad, times together over the years. These are truly special memories that I will treasure forever, so 'thank you' to so many of you for giving me the opportunity to do so.

I retired as a Partner in August and was replaced by Dr Ashley Dawson who, many of you will remember, worked at our surgery as a locum GP several years ago. He joined Dr Graham Hurst as a Partner, and we welcome him into our fantastic Health Care Team at Hartington Surgery. I wish him, and his team, all the very best for a long and successful career as he takes the Practice forward into the future.

I wish everyone good health, peace and happiness; I am sure that I will be seeing many of you out there in the beautiful Peak District, hopefully for many more years to come.

Introduction from Dr Dawson

I would like to wish Gill all the best for her retirement following many years of dedicated service to Hartington Surgery. It is with great pleasure I find myself returning to Hartington as a GP Partner following my previous time at the surgery from 2011 to end of 2014 as a Locum GP. Like Dr Hurst, I trained in Leeds, qualifying as a doctor in 2001. I have been a GP since 2007, and, in addition to General Practice have additional experience in Palliative Care, Expedition Medicine, Emergency Medicine, Orthopaedic Surgery, Obstetrics and Gynaecology, General Surgery and Cardiology. I have also worked as an Expedition Leader for World Challenge, a Medicolegal Physician for the humanitarian charity Medical Foundation (aka Freedom From Torture), and for North Derbyshire CCG as a Primary Care Quality Improvement Facilitator during my time as a GP.

I return to Hartington with 3 years' experience as a GP partner in Buxton, where I live with my wife and four children. I look forward to supporting the practice through the current personnel change with the aspiration that Hartington Surgery will continue to provide excellent medical care for its local community.

Best wishes

Dr Ash Dawson



New Automatic Doors

The Practice has installed new automatic doors at the front main entrance and inner porch area. The doors have sensors and should open as you approach the entrance. They are compliant with the Equality Act 2010 and should assist independence for patients with mobility problems, carrying large items and those pushing prams/pushchairs/wheelchairs.



Readycall – A friendly local helping hand



With an estimated one million older people in the UK experiencing chronic loneliness, it is reassuring to hear that a friendly helping hand is available locally. Readycall Macmillan provides befriending, and practical support, to vulnerable, or isolated, people aged 60 and over across the communities of the Derbyshire Dales.

Volunteers are matched with someone who would like a regular visitor, or assistance with light practical tasks – anything from getting to grips with the internet, to dog walking or shopping. This service can also provide lifts to hospital for cancer related appointments at a subsidised rate. A weekly visit from a volunteer can make all the difference to a person who doesn't have chance to talk to someone regularly.

Readycall have offices in Bakewell and Ashbourne and operate throughout the Derbyshire Dales. They are funded by Macmillan Cancer Support and operate under the 'umbrella' of Voluntary Community Services Peaks and Dales, a registered charity. For more information about accessing the service or volunteering please contact 01629 693693 or email sam@vcspd.org or visit facebook.com/ReadycallMacmillan.

Hartington Rural Social Group

The Group is supported by The Farming Life Centre and meet on the 4th Tuesday of the month, 2pm—4pm, in Hartington Village Hall— upcoming events include -

25/09/18 Well Dressing Demonstration—tea, cake and a chat

23/10/18 Keeping Well & Healthy—chair based exercises and screening for over 65's.

For further information visit—<http://www.hartingtonvillage.com/information/get/> or the Farming Life Centre on 01629 810903

Not sure what to do
when your child
is unwell?



Download the free
HANDi Paediatric app
and get expert advice for
common childhood illnesses.



HANDi Paediatric App

A new smartphone app has been launched to provide advice and support to parents and carer's looking after children 24/7. It contains clinical information and advice for most common childhood illnesses and health concerns, including:

- ◇ Abdominal pain
- ◇ Chestiness
- ◇ Diarrhoea and vomiting
- ◇ High temperature
- ◇ Common problems during the newborn period

Download the FREE app today

IMPORTANT—Local plans for evening and weekend appointments

There are National plans in place to ensure that all patients can access routine, pre-bookable, health appointments up to 8pm in the evening, during the week ,and at some time over the weekend.

This initiative is to support patients who have difficulty accessing a GP during their normal working hours. You may benefit from this project if you are working, in full time education or caring for someone during the day.

The High Peak Practices ,which include Buxton, Chapel-en-le-frith, Whaley Bridge and New Mills, have joined forces to provide this service from October 2018.

Although the planning is still underway, you should be able to telephone your own Practice to pre-book GP and Nurse appointments. You will be expected to travel to the participating practice for your appointment. Clinicians will have access to your full medical record , Doctors will be able to prescribe

medication and make referrals and will ensure all information is documented on your electronic medical record and reported back to your own practice.

Early morning extended access to doctor and nurse pre-booked appointments will still be available at Hartington each Wednesday morning.

Please telephone the practice for further information.

GDPR—General Data Protection Regulation

The General Data Protection Regulation (GDPR) became law in the UK on 25th May 2018. This is a single EU-wide regulation on the protection of confidential and sensitive information, repealing the Data Protection Act (1998).

As your local healthcare provider, Hartington Surgery holds information about you, and your health ,which it sometimes needs to share with other healthcare professionals who are involved in your care.

NHS health records may be electronic, on paper or a mixture of both, and we use a combination of working practices and technology to ensure that your information is kept confidential and secure.

Records which the Practice holds about you may include the following information;

- Details about you, such as your address, carer, legal representative, emergency contact details
- Any contact the surgery has had with you, such as appointments, clinic visits, emergency appointments, etc.
- Notes and reports about your health
- Details about your treatment and care
- Results of investigations such as laboratory tests, x-rays etc
- Relevant information from other health professionals, relatives or those who care for you

The Practice has produced a privacy notice which is available in the Surgery or can be downloaded from www.hartingtonsurgery.co.uk/gdpr

This privacy notice applies to personal information processed by or on behalf of the practice.

This Notice explains

Who we are, how we use your information and our Data Protection Officer

What kinds of personal information about you do we process?

What are the legal grounds for our processing of your personal information (including when we share it with others)?

What should you do if your personal information changes?

For how long your personal information is retained by us?

What are your rights under data protection laws?

If you have any concerns, or questions, about how your information is managed, please contact the Practice Manager.



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Next issue available
from the Surgery in
Winter

Surgery Opening Times

Monday -
8am to 6.30pm
Tuesday -
8am to 6.30pm
Wednesday -
7am to 6.30pm
Thursday -
8am to 6.30pm
Friday -
8am to 6.30pm



Newsletter.

This newsletter is also available to download from the Surgery website

www.hartingtonsurgery.co.uk

where you will also find lots of other useful information



Flu Clinics

It is now the time to start thinking about protecting yourself against flu. If you are 65 years or older, pregnant, the main carer for someone or suffer from certain conditions such as diabetes and heart problems, you should receive a letter inviting you to make an appointment for your free flu vaccination.

Flu can be serious, especially in elderly and unwell patients. Please don't delay in booking your appointment.

The sooner you are vaccinated, the sooner you are protected!

USEFUL INFORMATION

- Biggin area—The village defibrillator has been re-located to Biggin C of E primary School, Main Street.
- If you require urgent help when the Surgery is closed please call 111 or 999 in the case of life threatening emergencies.
- BUXTON COTTAGE HOSPITAL & WHITWORTH HOSPITAL, DARLEY DALE, MINOR INJURIES UNIT CHANGE OF CLOSING TIME -From July 1st 2018 the Minor Injuries Units close at 8pm each day. If you require medical assistance after this time please call 111.
- Please check dates on unused medication and medical devices. Return out of date, or unwanted, items to the Dispensary for safe disposal.
- Friends and Family Test Forms—thank you to everyone who has completed a NHS Friends and Family form. The Surgery is required to report, monthly, to the NHS the outcome of this survey. We would like to know 'How likely are you to recommend our GP Practice to friends and family if they needed similar care or treatment'.
- PLEASE NOTE— Dispensary is open at 8am daily, including Wednesday mornings. You will not be able to collect medication before 8am.

Staff News

The Practice would like to welcome new Practice Nurse, Stephanie Barry. Steph is an experienced nurse who some of you may already know from her time working as part of the Buxton District Community Nurse team.

Her varied role includes vaccinations and immunisations, health promotion, travel advice, smears, asthma and diabetes reviews, ECG's, weight managements, blood pressure monitoring and much more.

We say a sad farewell to Gill Hurst, Advanced Nurse Practitioner and Partner, after 32 years at the Practice and offer a big welcome to new Partner, Dr Ashley Dawson, and hope he will



PLEASE NOTE THAT THE SURGERY WILL BE CLOSED ON THE FOLLOWING DATES FROM 12.30pm ONWARDS FOR TEAM TRAINING

12th September 2018
10th October 2018
14th November 2018
December—no session

9th January 2019
13th February 2019
13th March 2019

Please take these dates into account when ordering your repeat prescription